

New City Catechism

Question 37: How does the Holy Spirit help us?

Answer: The Holy Spirit convicts us of our sin and he enables us to pray and to understand God's Word.

Ephesians 6:17-18

Before giving the answer to today's question, get a poster board or a large piece of paper. At the top write "Holy Spirit's Role in My Life" and then draw 1 big line vertically down the middle of the page. On the left side of the line, see how many things your family can come up with to answer question 37: "How does the Holy Spirit help us?"

Now fill in the right side of the page by looking at Scripture and seeing what we can learn. Read the following Scriptures. After each passage, discuss and record on the right side what you learn about what the Holy Spirit does in and for us.

Ephesians 1:13-14 John 14:25-26
John 16:12-14 Romans 8:26-27
1 Corinthians 6:19-20 Galatians 5:22-25
Ephesians 6:17

- How are your lists similar?
- How are they different?
- What was something you learned from God's Word about the Holy Spirit that you did not know before?
- What are thing are you most thankful for when it comes to the Holy Spirit's role in your life?

Take some time committing the Q&A to memory. Then spend time thanking the Holy Spirit for living and working in your life!

Please make use of the New City Catechism App or website
Commentary, Video, Prayer, and Song as you see fit.

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